

Leadership Self-Assessment

Description

Leadership Self-Assessment

Unlock Your Leadership Potential!

Map your strengths, master your challenges, and magnify your leadership impact.

[ENROL HERE](#)

Leadership Self-Assessment

Course Overview

The Leadership Self-Assessment program is a transformative journey of self-discovery designed to help you understand your unique leadership profile. Unlike generic leadership training, this course places you at the center of the learning experience, using validated assessment tools, reflective practices, and guided exploration to reveal your distinctive leadership fingerprint. Through expert facilitation and a supportive learning community, you'll gain clarity about who you are as a leader, how others experience your leadership, and the specific ways you can amplify your impact while remaining authentic to your core values and natural strengths.

Target Audience

This course is ideal for:

- ? Professionals at any career stage curious about their leadership capabilities
- ? New managers transitioning into their first leadership role
- ? Experienced leaders seeking to refine their approach and effectiveness
- ? Professionals preparing for leadership positions
- ? Team members preparing for future leadership opportunities

Benefits For Employers

This course is ideal for:

- ? **MQA Approved, HRDC Refundable**
- ? Reduced leadership development costs through targeted, personalized training
- ? Improved succession planning with clear leadership pipeline visibility

- ? Enhanced team collaboration and reduced workplace conflicts
- ? Better decision-making quality across leadership levels
- ? Increased organizational agility and change management capability
- ? Higher employee retention through improved leadership relationships
- ? Stronger organizational culture alignment through values-based leadership
- ? Improved customer satisfaction through better leadership presence
- ? Enhanced innovation and problem-solving from diverse leadership styles
- ? Reduced management burnout through strength-based role optimization
- ? Better cross-functional collaboration and communication
- ? Increased competitive advantage through superior leadership capabilities

Course Benefits

By the end of this course, participants will be able to:

- ? Multi-source feedback integration for comprehensive blind spot identification
- ? Real-time leadership adaptability across different situations and contexts
- ? Evidence-based development approach using scientifically validated assessments
- ? Shadow leadership awareness to prevent strength overuse and derailment
- ? Cultural intelligence enhancement for diverse team leadership
- ? Stress and pressure response optimization for high-stakes situations
- ? Leadership energy management to prevent burnout and maximize effectiveness
- ? Authentic leadership brand development aligned with personal values
- ? Advanced conflict resolution and difficult conversation navigation skills
- ? Strategic thinking enhancement through decision-making pattern analysis
- ? Continuous improvement mindset with built-in progress tracking systems
- ? Leadership resilience building for long-term career sustainability
- ? Enhanced influence and persuasion capabilities across different stakeholder groups

Course Content

What You'll learn:

- ? Interactive self-reflection exercises and journaling components
- ? Case study analysis using real-world leadership scenarios
- ? Peer learning opportunities through group discussions and feedback sessions
- ? One-on-one coaching sessions for personalized guidance
- ? Pre and post-course assessments to measure development progress
- ? Digital leadership portfolio creation for ongoing reference
- ? Role-playing exercises for practicing new leadership behaviors
- ? Leadership simulation exercises under various pressure scenarios
- ? Personal leadership manifesto development workshop
- ? Mentorship matching for continued support post-course
- ? Mobile-friendly assessment tools for flexible completion

- ? Video-based learning modules with expert interviews
- ? Action learning projects for immediate workplace application
- ? Follow-up check-ins at 30, 60, and 90 days post-completion
- ? Certificate of completion with detailed competency breakdown



MAURITIUS QUALIFICATIONS AUTHORITY



Course Features

- Certificate of Completion
- Entry Requirements – Any
- Flexible day and dates

[Join Course](#)



Benefits To The Learner

? Certificate of Completion

? **Enhanced Decision-Making Confidence** – Clear understanding of personal decision patterns enables faster, more confident choices in complex situations

? **Improved Work-Life Integration** – Better awareness of energy drains and strengths helps optimize personal effectiveness and reduce burnout

? **Stronger Networking Abilities** – Communication preference insights enable more authentic and effective relationship building across professional networks

? **Accelerated Career Advancement** – Demonstrated self-awareness and targeted development make candidates more attractive for leadership promotions

? **Reduced Imposter Syndrome** – Validated strengths assessment provides concrete evidence of leadership capabilities and authentic value

? **Better Stress Management** – Understanding pressure response patterns enables proactive coping strategies and resilience building

? **Enhanced Influence Without Authority** – Situational leadership skills enable effective leadership regardless of formal position or title

? **Improved Team Relationships** – Conflict handling awareness and communication profiling leads to stronger, more productive working relationships

? **Personal Brand Clarity** – Leadership vision statement provides clear direction for professional identity and career positioning

? **Lifelong Learning Framework** – Assessment methodology becomes a transferable skill for continuous self-development throughout career

? **Enhanced Authenticity** – Values alignment exploration enables more genuine leadership approach that feels natural and sustainable

? **Better Boundary Setting** – Understanding of personal tendencies helps establish healthy professional limits and expectations

Why Enrol in this Course

Talk to Us!

[Contact Us Now](#)



Practical-Focused Curriculum

Designed by professionals for real-world application



Interactive Learning

Combination of theory with practical exercises and case studies



Flexible Study Format

Professional-friendly scheduling for working managers



Online Tutoring

Guidance and support providing one-on-one assistance and feedback online

pricing packages

Choose Your Pricing Plan

Flexible payment options designed to fit different budgets and learning needs, with various packages available to make quality management education accessible and affordable.

Mauritius

workshop

- MUR 15,000
- 8 hours
- MQA Approved
- HRDC Refundable
- Certificate of Attendance

standard

- MUR 50,000
- 24 Hours
- MQA Approved
- HRDC Refundable
- Certificate of Participation

premium (most popular)

- MUR 65,000
- 45 Hours
- MQA Approved
- HRDC Refundable
- Certificate of Completion
- Conducted in a Hotel
- All Comprehensive modules
- Highly Interactive Sessions
- Personal Development Plan
- Individual Coaching
- Advice/Guidance/Follow-up after Course

International

workshop

- USD 350
- 8 hours
- Online – Interactive sessions
- Certificate of Attendance

standard

- USD 1,500
- 24 Hours
- Online – Interactive sessions
- Certificate of Participation

premium (most popular)

- MUR 65,000
- 45 Hours
- MQA Approved
- Certificate of Completion
- All Comprehensive modules
- Highly Interactive Sessions
- Personal Development Plan
- Individual Coaching
- Advice/Guidance/Follow-up after Course

Limited Promotion

Get up to 15% discount for registration in the Premium and Standard Packages this month!

Reviews



Fabien D.

Asst HR Manager – Moroil

I have learnt a lot of new things in this Key Managerial Skills course that make a think about myself, my career, my job and have a different approach to work. I really enjoyed the training as it was very interactive and the trainer shared a lot of practical solutions to work problems. I will recommend this course to other professionals, especially those aspiring to be Managers.

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Irshaad E.
Senior Lab Technician – Natec

The Key Managerial course has totally transformed my way of thinking, I learnt a lot of new things that are going to be useful in my professional life as well as my personal life. The trainer shared so much information about what a manager should know to do his/her job properly. I really recommend this course to all Managers and aspiring managers.



Avish P.
Taylor Smith

The Managerial Skills course has enabled me to rethink about myself, my passion, the things which I had forgotten. I learnt a lot, especially how to manage more efficiently. I spent very nice time in the course as I would not have imagined the course to be so interactive. The trainer shared a lot with us. I recommend this course to all managers and aspiring managerial position.



Mattieu F.
Asst. Operations Manager Taylor Smith

I would not have thought that the Managerial Skills course could be that much interactive. The trainer listened to us, enlightened so much on many important things on the roles, qualities and skills of managers. She made us think about ourselves. Fantastic. I would recommend this course to all Managers and all those aspiring to Manager's position.

Contact Information

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Get in touch with us

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